Why pygmy snails lay giant eggs: the Kiwi Syndrome

Julián Monge-Nájera

Laboratorio de Ecología Urbana, Universidad Estatal a Distancia, 2050 San José, Costa Rica; jmonge@uned.com

ABSTRACT: Some minute land snails lay disproportionately large eggs, and the reason is unknown. Here I present the hypothesis that it results from the “Kiwi Syndrome”, in which natural selection pressures — associated with low egg predation, heavy predation of the young, and a minimal viable size for hatchlings — force small females to invest in relatively large offspring at the cost of reduced fecundity.

KEY WORDS: Punctum pygmaeum, egg size, predation, fecundity, Apteryx.

Minute leaf litter snails tend to have unexpectedly large eggs (Baur, 1989; Barrientos, 2000), for example, the pygmy snail, *Punctum pygmaeum*, lays eggs that are 0.41 by 0.50 mm, or about one third the size of the mother (Baur, 1989).

Baur (1989) suggested that there was some unknown structural or physiological constraint preventing the production of eggs smaller than 0.40 mm in diameter. Barrientos (2000) suggested that the constraint for small eggs in a land snail could be a minimal quantity of nutrients needed for a viable egg, and presented the case of *Ovachlamys fulgens*, a land snail that maybe had larger ancestors and has difficulties laying its oversized eggs; to be able to lay these eggs, the snail has to invaginate its four tentacles and lays partially dehydrated eggs that absorb moisture from the substrate to reach their final size (Barrientos, 2000).

Egg size is unknown for the smallest land snails (Páll-Gergely, Hunyadi, Jochum, & Asami, 2015), but at least the idea of minimal size for a viable egg has a parallel in another group: in velvet worms, there is a minimal size for viable offspring, and small females are forced to give birth to large babies at the cost of reduced fecundity (Monge-Nájera, 1994). A similar case among vertebrates is the kiwi (a general name given to five bird species of genus *Apteryx*), which produces a single egg that occupies much of the mother’s body cavity.

Kiwis were originally believed to have large eggs because they were dwarf descendants of a giant bird (Calder, 1978). However, later evidence indicated a radically different explanation: that kiwis had a small ancestor and that they have duplicated body size and increased egg size enormously (Worthy et al., 2013). Worthy et al. (2013) proposed, as a possible reason, that kiwi eggs are relatively safe, while kiwis suffer most predation in the weeks following hatching. This matches field evidence: only 10% of eggs are eaten by predators, but 90% of
kiwis die from predation before reaching reproductive age (McLennan et al., 1996).

Like kiwis (Bain, 2018), some small land snails need moist environments; are not agile; have unexpectedly long lifespans (Finch, 1994, p. 13; Kuźnik-Kowalska & Proćków, 2016); lay relatively large eggs with little individual variation (Baur, 1994); and invest resources in large offspring with better survival rates (Baur & Raboud, 1988). Perhaps kiwis, and snails with this list of characteristics, which I will call the “Kiwi Syndrome”, have been exposed to evolutionary pressures that include low egg predation, heavy predation on the young, and a minimal viable size for hatchlings, forcing small snails to invest in relatively large offspring at the cost of reduced fecundity.

REFERENCES


Charles Darwin *In Memoriam*, a column of *Revista de Biología Tropical*, welcomes evolutionary looks at the why of biological and cultural phenomena. This entry was reviewed by Zaidett Barrientos and edited by Carolina Seas.